

Travel pharmacy

	MEDICATION	ADULTE	CHILD	REMARKS
Pain, fever				
Nausea, vomiting, travel sickness				
Diarrea				
Constipation				
Insect bite				
Burning, sun stroke				

	MEDICATION	ADULTE	CHILD	REMARKS
Allergy, itching				
Irritating eyes				
Wound				
Sprain				
Cough				
Throat pain				
Tick bite	Take the tick as quick as possible out of the bite, preferably within 24 hours + disinfect + write the place of the tick bite down so you can check regularly if you don't see any stains coming up.			

Also to foresee...

Sun protection – Mosquito protection – Thermometer – Compresses – Physiological saline - tweezers – tick clip – Usual medication (with you when you're taking the plane + look how it needs to be kept (there is a freezing risk if you put your medication in your luggage in the plane !!))